

2026 BETTER HEALTH 4 YOU

C-SNP PLANS



Take charge of your health the easy way.

We believe that staying healthy starts with preventive care. To promote this, we encourage you to participate in the [Better Health 4 You Rewards Program](#)—a simple way to earn rewards while taking care of yourself.

C-SNP REWARDS - EARN UP TO A TOTAL OF \$575

- Annual Physical Exam REWARD \$75**
Complete an annual physical exam with your assigned provider via in person or telehealth.
- Home Visit REWARD up to \$100**
Complete up to four visits a year and receive \$25 per visit.
- Annual Diabetic Retinal Screening REWARD \$25**
If you have a diagnosis of diabetes, it's important to monitor and manage blood sugar levels, as it significantly reduces the risk of developing serious complications. Managing diabetes can reduce related complications such as kidney disease, nerve damage, heart disease, and eye disease. This can ultimately contribute to a longer lifespan.
- Hemoglobin A1C REWARD Up to \$50**
Complete up to two tests a year and receive \$25 per visit. The results of an A1C test can help your doctor diagnose diabetes and is used in diabetes management. An A1C test lets your doctor know what your average blood sugar level is over a 3-month period. Diabetes increases your risk for cardiovascular disease and complications associated with diabetes.
- Diabetic Kidney Function Test REWARD \$50**
People with diabetes are at an increased risk of developing kidney disease. Regular testing is crucial for early detection. To satisfy this requirement, a complete diabetic kidney test consisting both of Urine Albumin to Creatinine Ratio (UACR) AND Estimated Glomerular Filtration Rate (eGFR) is required.
- Annual Flu Vaccine REWARD \$25**
The CDC reports that the annual flu vaccine can reduce the risk of a sick visit with your doctor by 40 – 60%. Vaccines significantly reduce the risk of hospitalization and help protect others. The flu vaccine is available at no cost from your provider or participating pharmacies.



Breast Cancer Screening REWARD \$25

A mammogram can detect breast cancer before it can be seen or felt by a patient or a physician. If you are a member between the ages of 40 and 74, it's recommended that you receive a mammogram every one to two years. Only eligible for incentive every 27 months.



Colorectal Cancer Screening REWARD \$25

Colorectal Cancer Screening is important as it can find cancers early. Early detection means more treatment options and better outcomes. All members who had appropriate screening for colorectal cancer are covered as a plan benefit with any of the following tests:

- Annual Fecal Occult Blood Test (FOBT)
- Flexible Sigmoidoscopy every 5 years
- Colonoscopy every 10 years
- Computed Tomography Colonography every 5 years
- Stool DNA Test every 3 years



1 Follow up visit within 15 days post discharge from an inpatient stay REWARD Up to \$200

This reward is available for up to eight follow up visits and receive \$25 per visit. Follow up appointments post hospitalization are extremely important for improved health outcomes and reducing the risk of readmission. At the appointment, the doctor can assess review test results, medication reconciliation, prevent complications, vital signs, and reinforce the home care instructions. Your doctor will also assess if you have received all services needed such as home health care, medical equipment and/or new scripts.

Activities must be completed by September 30, 2026, to ensure rewards are distributed and used before December 31, 2026, as per Medicare guidelines. Incentives are awarded within 30 days after claims have been received from your provider. Please ensure your provider submits the claims for completed screenings or tests referenced above.

Clear Spring Health has a contract with Medicare to offer HMO and PPO Plans. Enrollment in these plans is dependent on annual contract renewal with the federal government.